#### Education 425-4

# Counselling for the Classroom Teacher

Fall Semester, 1984

Instructor: Patricia Wilensky

Phone: 321-6589

Mondays, 5:30 - 9:20

Location: Downtown

## COURSE DESCRIPTION

This course is intended for senior students or practising teachers who which to explore the area of school counselling and develop some counselling skills that can be used within a classroom setting. A combination of lectures, discussion, practice exercises and films will be used to introduce counselling systems, communication skills and important issues of school and personal counselling.

### OUTLINE OF TOPICS

Topics will include:

Counselling theories

Classroom climate

Developing your own counselling theory

Classroom teaching as counselling

Role of the school counsellor

Understanding psychological reports

Teacher wellness and burn-out prevention

#### COURSE REQUIREMENTS

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2. Group presentation 30%

Final examination - take-home short essays 40%

### TEXTBOOKS

Hendricks, Gay The centered teacher. Englewood Cliffs, N.J., Prentice-Hall, 1981.

Weinhold, B.K. and Elliot, L.C. <u>Transpersonal communication</u>. Englewood Cliffs, N.J., Prentice-Hall, 1979.

Belkin, G.S. <u>Practical counselling in the schools</u>. (2nd edition) Dubuque: Wm. C. Brown, 1981.